

Construction Helper

Posted by Proficient Constructions Ltd.

Posting Date: 24-Jul-2025

Closing Date: 20-Jan-2026

Location: Calgary

Salary: \$25.00 Per Hour

Job Requirements

• Education: Secondary (high) school graduation certificate

• Language: English

• **Years of Experience**: Fresher (less than 1 year)

• Vacancy: 2

Job Type: Full TimeJob ID: DISJ4865636

Job Description:

Employer: Proficient Constructions Ltd.

Position: Construction Helper

Address: Unit 201F, 3740 11A Street NE, Calgary, AB T2E 6M6

Wage Rate: \$25.00 Weekly Hours: 30-40

Employment Type: Full-time Permanent

Start Date: As soon as possible

Vacancy: 2

Languages: English

Education: Secondary (high) school graduation certificate

Experience: Will train Work site environment:

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Tasks:

- Load, unload and transport construction materials
- Erect and dismantle concrete forms, scaffolding, ramps, catwalks shoring and barricades
- Assist in framing houses, erecting walls and building roofs
- Clean and pile salvaged materials
- Perform routine maintenance work
- Clean up chemical spills and other contaminants
- Remove rubble and other debris at construction sites
- Direct traffic at or near construction sites

Weight handling: Up to 23 kg (50 lbs)

Personal suitability:

- Dependability
- Flexibility
- Reliability
- Team player
- Hardworking

How to apply

By email: jobs.proficientconstruction@yahoo.com

By mail: Unit 201F, 3740 11A Street NE, Calgary, AB T2E 6M6

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